



**Services to Promote  
Family Service System Integration and  
Developmental Supports (0-5)  
For  
Fiscal Years 2022/2023-2024/2025  
With Intent to Contract for 2 years**

**Funds Available: \$82,500/year**

**APPLICATION FORM**

*RELEASE DATE: May 1, 2022*

**Letter of Intent Deadline: May 6, 2022**

One paragraph stating your agency's intention to apply on agency letterhead.

**Application Receipt Deadline: May 31, 2022**

The Commission cannot give grants for items that have already been purchased or for services that have already been provided.

**Please read the RFA General Instructions (a separate document) before you fill out these forms.** All the forms that follow are available as Word files. They can be downloaded from the Commission website at [www.First5Tuolumne.org](http://www.First5Tuolumne.org) or requested as an email attachment from Sarah Garcia at [sgarcia@tcsos.us](mailto:sgarcia@tcsos.us)

Please add your organization's name as a header for the following section. Please submit the application with the Cover Page as Page 1.

*\*The Commission may adjust fund availability for these services once proposals are received and may fund at levels above or below the amount stated in this Request for Applications. The amount is provided as a guideline only.*

**Services to Promote  
Family Service System Integration and  
Early Identification (0-5)  
Cover Sheet 2022**

Name of Applicant:	
Address:	
Contact Person:	Phone:
e-mail:	Fax:
Descriptive Title of Project:	
Total Amount of Request:	Total Project Cash Budget:
Project Start Date: July 1, 2022	Project Completion Date: June 30, 2024

**I authorize submission of this application:**

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Name of authorized agency official    Name of agency/organization

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Title of authorized agency official                      Authorized Signature                      Date

**FIRST 5 FAMILY STRENGTHENING – PARENT ENGAGEMENT SERVICES**

All services must align with the Protective Factors Framework, Appendix A. Service design must address at least one of the following 5 Protective Factors: (1) Parental Resilience; (2) Social Connections; (3) Concrete Support in Times of Need; (4) Knowledge of Parenting and Child Development; and/or (5) Social and Emotional Competence of Children.

The total funding available for these services will be \$165,000.

*The Commission may adjust fund availability for these services once proposals are received and may fund at levels above or below the amount stated in this Request for Applications. The amount is provided as a guideline only.*

Project Design, Strength, and Feasibility:

The service approach must address all of the desired outcomes for primary caregivers of children birth to five.

Desired Outcomes
1. Provide parent education on developmental milestones.
2. Assist caregivers with ASQ or other developmental screening
3. Provide new mothers with depression screening and treatment referrals
4. Link caregivers to addiction treatment and recovery support.
5. Connect caregivers to domestic/relationship violence supports.
6. Assist caregivers in enrolling their children in a quality early learning program.
7. Assist community partners with utilization of Unite Us platform
8. Use end of year data to inform the community about areas of need and/or gaps in services

Please add any additional outcomes you plan to measure and report, and the unduplicated number of caregivers to be served annually.	

Based on your answers above, provide a description of the service strategies you propose to use to effectively meet these desired outcomes.
Description:

Project Evaluation

<b>Evaluation:</b> Please check the boxes below, to indicate your understanding of the evaluation requirements under this funding process:	
<input type="checkbox"/>	I understand that the contract will include an evaluation plan.
<input type="checkbox"/>	I understand that the evaluation plan will include requirements for collection and reporting of service level indicators, such as number of participants, ethnicity, level and type of service, and other service data as required.
<input type="checkbox"/>	I understand that the evaluation plan will include requirements for collection and reporting of outcome indicators, including measures of relevant change for children, families or service systems, to be finally negotiated at contract time, and revisited as necessary to ensure that quality data is being collected.

<b>Evaluation:</b> Have you demonstrated any of the desired outcomes indicated on page 2 (or very similar outcomes) prior to completing this application, either as a First 5 grantee or under any other funding source? Please check applicable boxes below, and add information as indicated.	
<input type="checkbox"/>	Yes, as a First 5 Grantee, in the following years (list):
<input type="checkbox"/>	Yes, for another funder. I have attached an evaluation report reflecting our results.
<input type="checkbox"/>	No, there has been no demonstration of these or similar outcomes.
<input type="checkbox"/>	Other:

Organizational Capacity

<b>Staffing:</b> Please explain the staffing structure that you present in your budget. Describe the qualifications of the key personnel (staff or consultants), the time (FTE) they will devote to the project, and their experience performing the services outlined in this application.

	YES	NO	N/A
Has your organization ever had a contract over the amount of \$10,000 with First 5 Tuolumne?			
If so: In your estimation, was the contract executed fully and responsibly?			
If so: Were you able to demonstrate good outcomes for children and/or parents?			
If you are not an entity of county government, have you provided one copy only of the most recent audit or financial statements available for your organization?			

If you would like to provide any additional comments regarding your answers to the questions above, please do so here. (You may be asked to provide additional information to demonstrate organizational effectiveness once applications have been reviewed.):

**Budget**

*You may cut and paste the budget into this document, or you may submit it as a separate document, along with the answers to the Budget Narrative questions below.*

**Line Item Budget:** Please provide a line item budget for each of the two years of this project (July 2022 through June 30,2024). A fiscal year shall be considered July 1 – June 30. You may submit the budget in the budget format used by your organization. All personnel must be broken out by FTE; all consultant costs by hours. This grant will conclude June 30, 2024.

**Budget Narrative: Leveraging**

What resources will you be able to leverage to assist you in providing and sustaining the services described in this application over the two years of operation? Include both cash resources (directed only to services for children birth to five, their parents, or pregnant women), and any in-kind resources that enable you to serve First 5 families.

**Budget Narrative (Other):** Please provide an explanation of any items in the budget that may raise questions for a reviewer.

ADDITIONAL REQUIREMENTS

Contracts shall stipulate a requirement for key program staff to participate in up to 4 grantee meetings a year, in the first funded year, facilitated by the First 5 Executive Director. The purpose of these meetings is to discuss opportunities for linkages, shared services, leveraging and other system improvements.

Please list the most likely person(s) to participate in these meetings:

Contracts shall stipulate a requirement for grantee to provide at least one training a year to peer professionals in the county on a topic of expertise for that grantee, of interest to other providers.

Please list at least one possible training topic that your organization would be willing to offer to peer professionals:

Contracts shall stipulate a requirement for grantee to participate in the collaborative media outreach campaign. Including quarterly meetings to organize outreach efforts.

Please list your experience in successful community outreach, including media outlets, social media campaigns, etc.:

## FIRST 5 FUNDS CANNOT BE USED TO SUPPLANT

State law prohibits Commission funds from funding existing levels of service or programs. To ensure compliance with this provision, please provide the following information. If you have questions about how to fill out this form, please call Sarah Garcia 536-2070.

1. Has your organization provided any of the following services in Tuolumne County in FY 21/22 with any type of funding, including First 5 funding:

Service	Yes	No
1. Provide parent education on developmental milestones.		
2. Assist caregivers with ASQ or other developmental screening		
3. Provide new mothers with depression screening and treatment referrals		
4. Link caregivers to addiction treatment and recovery support.		
5. Connect caregivers to domestic/relationship violence supports.		
6. Assist caregivers in enrolling their children in a quality early learning program.		

2. Did you receive any other funds other than First 5 funds to perform these services in the last year? Please explain.
  
3. If so, will this other funding be available, to the best of your knowledge, in FY 21/22 and beyond for serving children birth to five? If yes, please provide more detailed information on this funding, such as the source of funding, dates and amounts. If no, please explain why not.

## **Appendix A: The Protective Factors Framework**

**Five Protective Factors** are the foundation of the Strengthening Families Approach: parental resilience, social connections, concrete support in times of need, knowledge of parenting and child development, and social and emotional competence of children. Research studies support the common-sense notion that when these Protective Factors are well established in a family, the likelihood of child abuse and neglect diminishes. Research shows that these protective factors are also “promotive” factors that build family strengths and a family environment that promotes optimal child and youth development.

### **Parental Resilience**

No one can eliminate stress from parenting, but a parent’s capacity for resilience can affect how a parent deals with stress. Resilience is the ability to manage and bounce back from all types of challenges that emerge in every family’s life. It means finding ways to solve problems, building and sustaining trusting relationships including relationships with your own child, and knowing how to seek help when necessary.

### **Social Connections**

Friends, family members, neighbors and community members provide emotional support, help solve problems, offer parenting advice and give concrete assistance to parents. Networks of support are essential to parents and also offer opportunities for people to “give back”, an important part of self-esteem as well as a benefit for the community. Isolated families may need extra help in reaching out to build positive relationships.

### **Concrete Support in Times of Need**

Meeting basic economic needs like food, shelter, clothing and health care is essential for families to thrive. Likewise, when families encounter a crisis such as domestic violence, mental illness or substance abuse, adequate services and supports need to be in place to provide stability, treatment and help for family members to get through the crisis.

### **Knowledge of Parenting and Child Development**

Accurate information about child development and appropriate expectations for children’s behavior at all ages help parents see their children and youth in a positive light and promote their healthy development. Information can come from many sources, including family members as well as parent education classes and surfing the internet. Studies show information is most effective when it comes at the precise time parents need it to understand their own children. Parents who experienced harsh discipline or other negative childhood experiences may need extra help to change the parenting patterns they learned as children.

### **Social and Emotional Competence of Children**

A child or youth’s ability to interact positively with others, self-regulate their behavior and effectively communicate their feelings has a positive impact on their relationships with their family, other adults, and peers. Challenging behaviors or delayed development create extra stress for families, so early identification and assistance for both parents and children can head off negative results and keep development on track.